

# **Yoga in Hong Kong: The Body, Spirituality, and Social Status**

An Anthropological Talk by Lin Kwan Ting, Maggie  
**Thursday, 15 May 2008 at 7 p.m.**  
Hong Kong Museum of History  
**Lecture Hall**, Ground Floor, 100 Chatham Road, Tsim Sha Tsui  
All Are Welcome  
(Space is, however, limited to **139 seats**)

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Yoga originated as a way of attaining spiritual enlightenment via the body in India. In Hong Kong today, yoga has taken on entirely different meanings, turning into a pursuit for the perfect body. An apparent contradiction seems to exist between yoga as a spiritual quest and yoga as a physical pursuit for health and beauty. In this talk, the speaker argues that this contradiction is more apparent than real—both styles of yoga are matters of consumption, marketing, and the pursuit of status and distinction. What, then, can yoga ultimately teach us about the body and spirituality, and money and social status, and all their interlinkages in Hong Kong?

Lin Kwan Ting, Maggie is an M.Phil. candidate at the Department of Anthropology at The Chinese University of Hong Kong. She is also an avid yoga practitioner.

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**FOLLOWING THE TALK, YOU ARE INVITED TO A SELF-PAYING DINNER WITH THE SPEAKER**

For enquiries, please contact Stan Dyer on 9746 9537

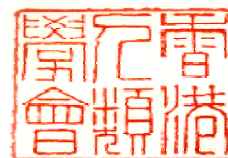
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