

This project has developed a YouTube channel related to professional sports skill teaching. This channel includes the professional skill courses of SPED 3220 (Teaching Alternative sports), SPED 2211 (Teaching Gymnastics) and the course of SPED 3250 (Teaching Social Dance and Folk Dance) in the department of Sports Science of Physical Education.

There are over 133 videos/micro-modules have been uploaded and used by our students/ or public. The name of the channel is Sports teaching CUHK SSPE ([https://www.youtube.com/channel/UCQXk78febNg\\_4tTKkB1tGlg](https://www.youtube.com/channel/UCQXk78febNg_4tTKkB1tGlg)).

The examples of the use of the teaching videos during the learning process are showed as following videos.

**Case 1: Teaching Sports Climbing**

<https://www.youtube.com/watch?v=Wjy6Zd9Ytsw&lc=z13hvj3hwnqfvbbh104chjo5uuijd5mougk>

**Case 2: Teaching Gymnastics**

<https://www.youtube.com/watch?v=zIOvSR1gVjM>