

Eleven short, interactive and self-directed bilingual sets of professional micromodules (MMs) linked to specific topic areas have been completed. The MMs are created for flipped teaching and learning for Professional Sports Skills Courses related to swimming, cycling and woodball (http://www.cuhk.edu.hk/culive/p_sports/#top). Student users could take more responsibility for and control of their own learning using the MMs and in sequence to test whether they can apply their knowledge and solve problems encountered during their practice.

Overall, we did not encounter any major obstacle in this project but, it requires extra caution to create appropriate scenarios that aims at comprehensive and in-depth of teaching content. The download links for the MMs are shown below:

1. Swimming (Breaststroke):
http://facs.med.cuhk.edu.hk/site/2017/dl/sbr/story_html5.html
2. Swimming (Front Crawl):
http://facs.med.cuhk.edu.hk/site/2017/dl/sfr/story_html5.html
3. Swimming (Backstroke):
http://facs.med.cuhk.edu.hk/site/2017/dl/sba/story_html5.html
4. Swimming (Butterfly):
http://facs.med.cuhk.edu.hk/site/2017/dl/sbu/story_html5.html
5. Swimming (Diving):
http://facs.med.cuhk.edu.hk/site/2017/dl/sdi/story_html5.html
6. Swimming (Treading Water):
http://facs.med.cuhk.edu.hk/site/2017/dl/str/story_html5.html
7. Cycling (Introduction):
http://facs.med.cuhk.edu.hk/site/2017/dl/cin/story_html5.html
8. Cycling (Gear Shifting):
http://facs.med.cuhk.edu.hk/site/2017/dl/cge/story_html5.html
9. Woodball (Aiming):
<http://facs.med.cuhk.edu.hk/site/2017/dl/wb1/story.html>
10. Woodball (Shooting):
<http://facs.med.cuhk.edu.hk/site/2017/dl/wb2/story.html>
11. Woodball (Completion):
<http://facs.med.cuhk.edu.hk/site/2017/dl/wb3/story.html>