

Video-reporting is appended in another file.

Eleven interactive and self-directed bilingual sets of professional micro-modules (MMs) linked to the professional skills of Field Events, Tennis and Cycling have been completed. The MMs were created for flipped teaching and eLearning of professional sports skills courses (PSCs) at the Department of Sports Science and Physical Education (SSPE) and Physical Education Unit (PEU). Student users can now take more responsibility for and control over their own learning using the MMs, and in sequence examine whether they can apply their knowledge and solve problems encountered during their practice and outside class time.

Overall, we did not encounter any major obstacles in this project, however, extra caution has been required to create appropriate scenarios aimed at comprehensive and in-depth teaching content. It would be more effective for students to use and share the MMs, with more available hardware, i.e. tablets, provided during class.

The download links for the MMs are shown below:

1. Field Events (Long Jump):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/lj/story_html5.html
2. Field Events (Triple Jump):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/tj/story_html5.html
3. Field Events (Shot Put):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/sp/story_html5.html
4. Field Events (Javelin Throw):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/jt/story_html5.html
5. Field Events (Discus Throw):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/dt/story_html5.html
6. Field Events (High Jump):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/hj/story_html5.html
7. Cycling (Hand Signals):
http://facs.med.cuhk.edu.hk/site/2017/dl/cha/story_html5.html
8. Cycling (Assessments):
http://facs.med.cuhk.edu.hk/site/2017/dl/cpr/story_html5.html
9. Tennis (Ball Sense):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/tbs/story_html5.html
10. Tennis (Ground Stroke):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/tgs/story_html5.html
11. Tennis (Serve):
http://facs.med.cuhk.edu.hk/site/2018/sport2018/ts/story_html5.html