

THE CHINESE UNIVERSITY OF HONG KONG

Micro-Module Courseware Development Grant

Scheme 1: Basic Scheme

Interim Report (2017-18)

Report due 31 Oct 2018

Please return by email to mmcd@cuhk.edu.hk

PART 1

Project title: **Flipped Micro-Module for Professional Sports Skills Courses (Phase II)**

Principle Investigator: **Mr Lee Chi Wo Daniel**

Department / Unit: **Sports Science and Physical Education, Faculty of Education**

Project duration: **From January 2018 to October 2018**

Date report submitted: **July 2018**

1. Project objectives

In this project, we aimed to produce a series of Micro-Modules with short videos and emphasize key principles of sporting techniques with illustrated examples using real models. Due to the effectiveness of our Team and Micro-Modules produced last year, this project is expected to enhance students learning and understanding in the skills required in the Professional Skill Courses (PSCs) offered by the Department of Sports Science and Physical Education. The project is expected to achieve its objectives. The objectives have not changed because of the experience working from previous Micro-Module projects.

2. Progress on process, outcomes or deliverables

Six videos of the Micro-Modules have been made so far. Each Micro-Modules will contain major teaching points on the particular sports skills, include supplementary questions that help students understanding and daily practice. Also, will include the Cantonese and English narration and description, therefore to enhance students learning effectiveness.. We did not encounter any major obstacles in this project and we are confident that the remaining tasks can be completed on time. The Javelin, Shot Put, Long Jump, Triple Jump, High Jump, and Discus Throw videos can be found from below hyperlink at

http://www.cuhk.edu.hk/culive/p_sports/#track_field

3. Evaluation Plan

As indicated in the application proposal, we will closely monitor and carry out the project evaluation with the Office of Sports Science and Physical Education (SSPE) regarding the teaching effectiveness on SSPE students in the 1st semester of 2018-19, at the course Teaching Field Events: Theory and

Practice (SPED 2133). Also, evaluate the teaching effectiveness in the students at the Physical Education Unit (PEU), at the course Tennis: Men (PHED1031) and Tennis: Women (PHED1032). We plan to adopt the following strategies to evaluate the effectiveness and usefulness of this project.

- An online survey for all Micro-Modules;
- Access rate obtained through Blackboard (Blackboard download link will be released).

We shall conduct the above when the project videos have been adopted in the courses during 1st semester of 2017-18.

4. Dissemination Activities (reports, websites, video links, products, etc.)