Stereotypes about age have intensified during the COVID-19 pandemic, but older adults may actually be faring better than predicted. This talk reports on three studies that examined the experience of older adults (relative to their younger counterparts) during the COVID-19 pandemic, in terms of their social interactions (online vs. offline), their activities, their information-seeking patterns and their relationships with those who live with them. Findings suggest that some of our beliefs about older adults may not be true. Older adults may adjust better to social distancing and the other challenges of the pandemic, and even provide more support to others than young adults.