

# Cognitive and Affective Influences on Science Anxiety in a Science Core-text General Education Course in Hong Kong

HOI Wan Heng Sandy\*, WONG Wing Hung\*, PANG Kam Moon\* & NG Vitrierat Sophia^

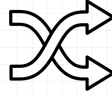
\*Office of University General Education, The Chinese University of Hong Kong

^School of General Education and Languages, Technological and Higher Education Institute of Hong Kong



## General Education Foundation Programme - "In Dialogue with Nature (UGFN 1000)"

- Direct dialogues with classics
- Student-oriented teaching in small classes
- Assisted with lectures
- Discuss core questions relevant to contemporary context brought up by the classics



- ✓ After taking UGFN, they:
  - feel positive and are less anxious towards science
  - recognize the nature and limitation of science
  - appreciate scientific spirit.
- ✓ Source of science anxiety- Fear for getting it wrong!

## Project Objective

- ✓ To investigate if a relationship among students' science anxiety, their understanding of NOS (cognitive) and their self-efficacy (affective) towards UGFN1000 exists;
- ✓ To evaluate how students' science anxiety, their understanding of NOS, and their self-efficacy towards UGFN1000 change after they have finished the course

## Science Anxiety



7 science & 7 non-science scenarios, with emphasis on analogous situations

14 Questions

Science Anxiety Questionnaire (SAQ) (Alvaro et al., 1978)

### Sample questions

順序牢記三十位近代中國帝王的名字。  
Memorizing the names of thirty recent Chinese emperors in chronological order.  
順序牢記化學元素周期表上首三十種元素的名稱。  
Memorizing the names of the first thirty elements in the periodic table in order.

## Science Anxiety, Nature of Science & Course Self-efficacy Questionnaire' (SANCE)



## Nature of Science

1. Scientific knowledge - 5 Qs
2. Scientific method - 3 Qs
3. Scientists' work - 2 Qs
4. Scientific enterprise - 4 Qs



Myths of Science Questionnaire (MOSQ) (Buaraphan et al., 2009)

## Self-efficacy towards UGFN1000

Sample questions  
有些我認識的同儕能讀好「與自然對話」，所以相信我也可以的。  
Some peers that I know could study 'In Dialogue with Nature' well, so I believe I can make it too.  
每次與朋友提到「與自然對話」，我都有吐苦水的感覺。Whenever I mention 'In Dialogue with Nature' with my friends, I feel like pouring out my woes.

8 questions related to UGFN and the four aspects were designed.

1. Mastery experiences
  2. Vicarious experiences
  3. Social persuasions
  4. Physiological arousal
- Sources of self-efficacy related to science (Britner 2006)

Sample questions  
科學家都不帶任何偏見。  
Scientists are without any biases.  
不同文化都會孕育出相同的方法去探索大自然。  
Different cultures nurture the same ways to gain scientific knowledge.

### Results of Multiple Regression Analysis

Model Summary					
Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	
1	.559 <sup>a</sup>	.383	.297	.69356	

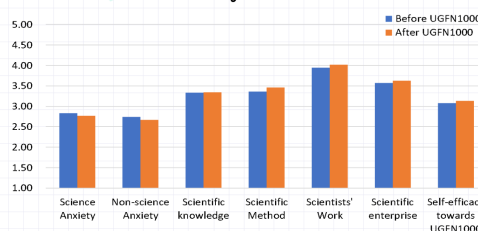
ANOVA <sup>a</sup>						
Model	Sum of Squares	df	Mean Squares	F	Sig.	
1	Regression	48.612	6	8.102	19.820	.000 <sup>***</sup>
	Residual	112.006	274	.409		
	Total	160.618	280			

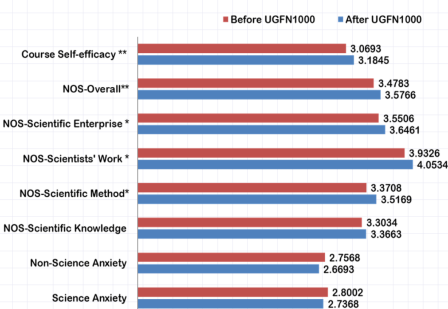
Coefficients <sup>a</sup>					
	Unstandardized Coefficients		Standardized Coefficients	t	Sig.
	B	Std. Error	Beta		
(Constant)	.289	.231		1.251	.212
Course self-efficacy	-.536	.091	-.357	-5.923	.000 <sup>***</sup>
Faculty	.016	.015	.055	1.055	.292
Year	.069	.070	.051	.984	.326
Gender	-.141	.081	-.092	-1.738	.083
Number of Science subjects taken in high school	-.198	.038	-.291	-5.206	.000 <sup>***</sup>
Eagerness to study UGFN1000	-.001	.056	-.001	-.014	.989

a. Dependent Variable: Science Anxiety

### Mean Scores in SANCE before and after students taking UGFN1000



### Graphical presentation of Paired Samples Tests



After taking UGFN1000, students have significantly **greater** understanding of NOS (Cognitive) & self-efficacy towards the course (affective).

Cognitive understanding of NOS has **NO ROLE** in students' level of Science Anxiety (affective).

Course self-efficacy (affective) & number of science courses taken in high school are negatively related to level of Science Anxiety (affective).

This project is supported by the Bamboo Grant Program 2016/17 of the United Board for Christian Higher Education in Asia

UNITED BOARD  
United Board for Christian Higher Education in Asia | Since 1922