For Hong Kong

**My Way to designated quarantine hotels**

Arrival at Hong Kong or during the 21-day quarantine period (21 control points) who have stayed in specified inbound places, mostly including Taiwan, Mainland, Macao and Southeast Asia. Travelers must self-quarantine in government-designated quarantine hotels. If you are from Mainland, Macao or Taiwan, you have to undertake 14 days of compulsory quarantine as well as 7 days of selfobservation. For more details, please click here: [https://www.cuhk.edu.hk/english/campus/cuhk-campus-map.html](https://www.cuhk.edu.hk/english/campus/cuhk-campus-map.html)

Detailed location of each College and hostel can be found on your University core courses. Participating students can also sit in relevant courses with CUHK(SZ). Your academic advisor can make arrangements for online teaching and learning. Classes are conducted mainly online, except for lab/studio/practicum-based undergraduate and postgraduate courses. For more information on your courses and arrangement updates, please pay attention to the announcements which are arranged under strict infection control measures. If your student visa or work permit is due to expire within the next 60 days, please contact the respective Student Affairs Office in CUHK for assistance.

**Financial Aids**

Students from Mainland, Macao, Taiwan, and Southeast Asia can apply for financial aid. Your University also has its own scholarship and financial aid. You can refer to the FAQ prepared by the Office of Student Affairs, CUHK and Cultural Enhancement Section. Please also visit the CUHK(SZ) website for more information on financial aid.

**Counseling Services**

Counseling Services is available for students from Mainland, Macao, Taiwan, and Southeast Asia. Services are provided by a team of professional counselors and therapists. You can also contact the 24-hour counseling hotline for immediate support. Services include individual counseling, group counseling, couple counseling, family counseling, and psychological evaluation. You can also refer to the website for more information on counseling services.

**Acupuncture and Massage Service**

The Chinese Medicine Specialty Clinic provides acupuncture and massage service (paid). Students from Mainland, Macao, Taiwan, and Southeast Asia can also visit the Wu Yee Sun College, C.W. Chu College, S.H. Ho College, Chung Chi College, and United Nations University for acupuncture and massage service. Students from the Mainland can also visit the C.W. Chu College and S.H. Ho College for acupuncture and massage service. Students from Macao and Taiwan can also visit the C.W. Chu College and S.H. Ho College for acupuncture and massage service.

**Career Planning and Development**

The Career Planning and Development Services Office provides general counseling and career planning services to students from Mainland, Macao, Taiwan, and Southeast Asia. Services include job searching, resume writing, interview skills training, and career planning. You can also visit the CU Job link website for more information on job searching and career planning.

**Home Affairs Department Hotline**

For more information on Home Affairs Department Hotline, please contact the Home Affairs Department Hotline at 2835 1473. You can also visit the Home Affairs Department website for more information on home affairs and immigration control points.

**University Core Courses**

Your University core courses are available for students from Mainland, Macao, Taiwan, and Southeast Asia. Services include individual counseling, group counseling, couple counseling, family counseling, and psychological evaluation. You can also refer to the website for more information on counseling services.

**Community Resources**

If you are looking for more mental health support, you can refer to the relevant websites and resources listed on your University core courses. Services include individual counseling, group counseling, couple counseling, family counseling, and psychological evaluation. You can also refer to the website for more information on counseling services.

**Cantonese Learning Resources**

The University offers Cantonese Learning Resources for students from Mainland, Macao, Taiwan, and Southeast Asia. Services include individual counseling, group counseling, couple counseling, family counseling, and psychological evaluation. You can also refer to the website for more information on counseling services.

**Pastoral Care and Non-Formal Learning Opportunities**

Pastoral care and non-formal learning opportunities are available for students from Mainland, Macao, Taiwan, and Southeast Asia. Services include individual counseling, group counseling, couple counseling, family counseling, and psychological evaluation. You can also refer to the website for more information on counseling services.

**Mental Well-being Event Information**

The University provides mental well-being event information for students from Mainland, Macao, Taiwan, and Southeast Asia. Services include individual counseling, group counseling, couple counseling, family counseling, and psychological evaluation. You can also refer to the website for more information on counseling services.