TRAINING PLAN

EXPERIENTIAL LEARNING OPPORTUNITIES

ACADEMIC STUDY SUPPORT

PEER SUPPORT

UNIVERSITY RESOURCES

SESSION 1
UNIVERSITY RESOURCES KITS
- Tangible and intangible resources @CUHK
- Facilities and student-related units
- Financial support and online learning resources
Speaker: Learning Enhancement Officer
15 September 2020 | 16:30 - 18:30

SESSION 2
OTHER EXPERIENTIAL LEARNING
- Internship and mentorship
- Student organisations
- Exchange
Speaker: Learning Enhancement Officer
18 September 2020 | 16:30 - 18:30

SESSION 3
BE A COMPETENT HELPER FROM OFFLINE TO ONLINE
- Facilitation skills and helping skills
- Mentoring skills
- Stress management
- Online group leading skills (if appropriate)
Speaker: WACC (Tentatively)
TBC

SESSION 4
SKILLS FOR ACADEMIC ESSENTIALS
- Online learning skills
- Study plan & goal setting
- Study skills @CUHK
Speaker: CLEAR (Tentatively)
TBC