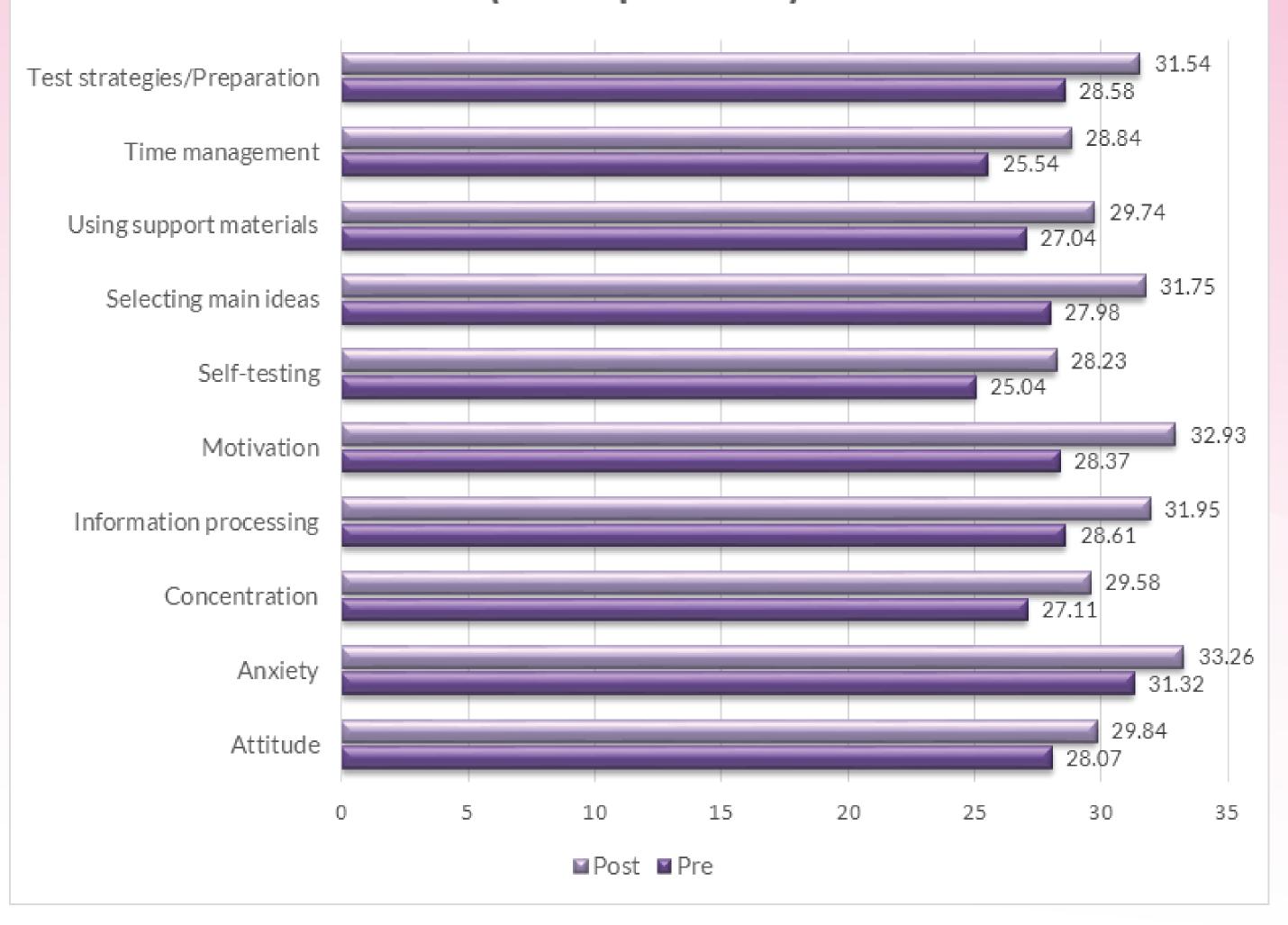
Launching the Expert Learner Seminar Series

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The Expert Learner Seminar Series (ELSS) was piloted in 2017 at CityU to help new university students achieve their academic potential. In the pilot, 17 students increased their overall scores on their Learning and Study Strategies Inventory (LASSI) by 11%.

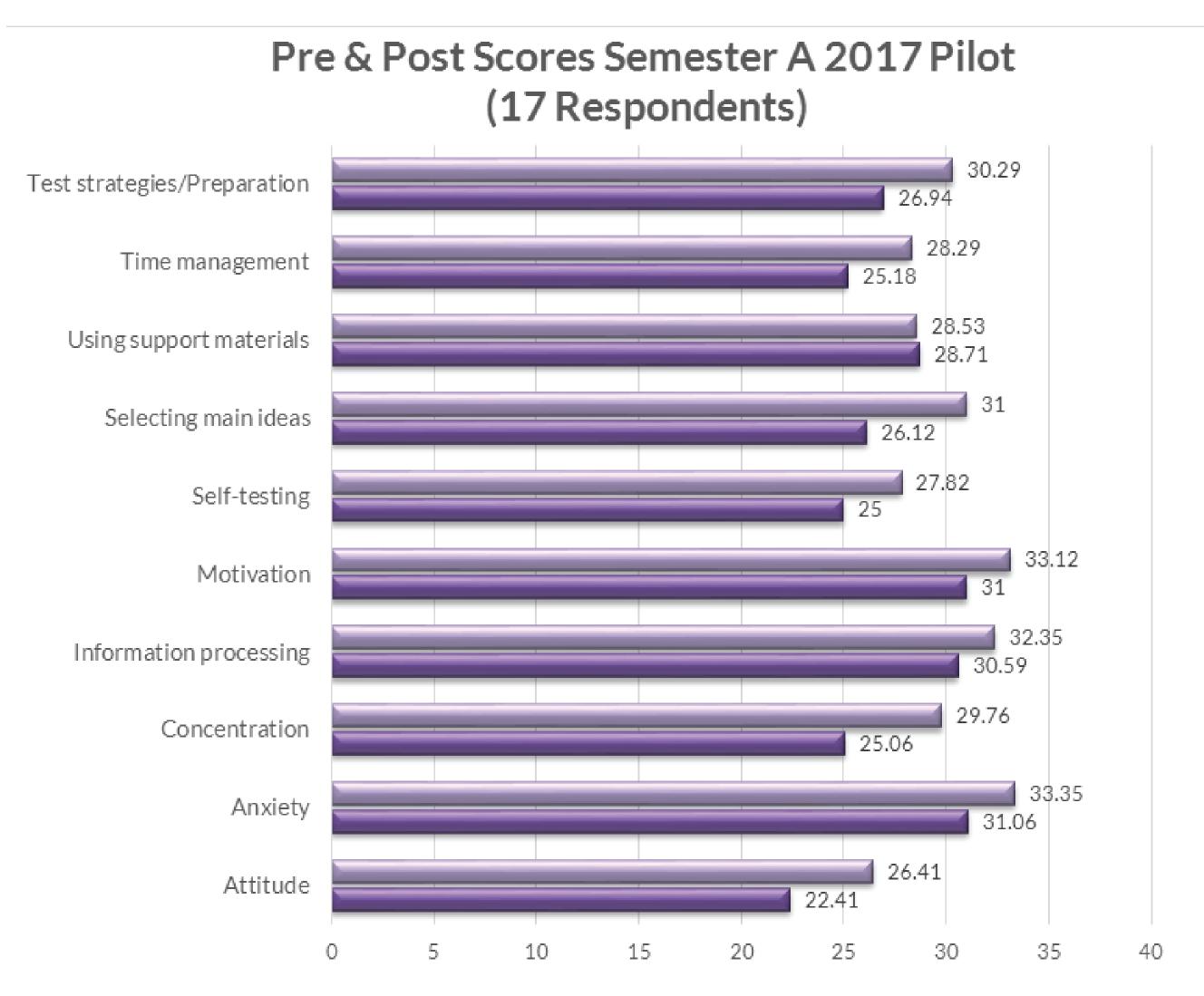
In 2018, the ELSS was subsequently launched in the first six weeks of Semester A. One-hundred seventy students registered for the series and 57 Year One students completed both a pre- and post- LASSI survey; they showed an average overall increase of 12% in their LASSI scores. The overall results are very similar to the

Pre & Post Scores Semester A 2018 Launch (57 Respondents)



results from the smaller pilot study of the year before with

higher scores showing improvement in each area.



The series was held over the first six weeks of Semester A, 2018. A one-hour session was held each week and students could register for one of 12 sections available for that session each week. The first and sixth sessions served as introductions and summaries, respectively, of learning and study strategies as well as administration of the pre- and post- LASSI. Sessions two through five addressed the four LASSI areas that research has previously shown Year One students at CityU needed the most assistance: anxiety; motivation;

🖬 Post 📲 Pre

self-testing; and test-taking strategies.

