



天水圍循道衛理中學

本校開校次年藉著參加「香港健康學校獎勵計劃」，令管理層對學校的健康政策更為重視，同時「健康校園」配合了學校「一條龍教育」的辦學宗旨。天水圍循道衛理中、小學先後參加，並榮獲「健康學校」銀獎，在六大範疇中，兩校在「校園與人際關係」及「個人健康生活技能」均獲評為「傑出」，其他的範疇獲評為「優異」，務求讓學生能在「健康校園」內愉快地完成中、小學階段。

學校成立健康教育委員會，邀請學生和家長及西醫顧問協助制定、監察及檢討學校的健康政策；又藉課程統整，配合教改，把「十大健康主題」融入課程、課外活動及全方位學習活動之中，並成立學生健康大使，讓學生於家庭、校內及社區實踐及推廣「健康生活技能」。

經過兩年的實踐，我們已整理「職業安全及健康」、「預防傳染病」等政策，並為學生建立個人健康檔案，提供多元化「健康服務」，如預防流感針注射等，使全校健康意識得以提升。

本校能夠獲獎，實有賴校內外人士的支持，我們自當盡伸綿力，繼續參加「健康學校夥伴計劃」，成為帶領學校，將健康學校理念推廣至夥伴學校及其他學校，令更多學童受惠。

Tin Shui Wai Methodist College

After joined "The Hong Kong Healthy Schools Award Scheme" since our second year, the school management put more emphasis on the school's health policies. The concept of "Healthy Campus" also cohered with the "through-train" educational aim of the school. Tin Shui Wai Methodist Primary School and Tin Shui Wai Methodist College both participated in "The Hong Kong Healthy Schools Award Scheme" and were accredited "Silver Award". Both schools achieved excellent in "School Social Environment" and "Personal Health Skills" and credit in the other components. Through building a healthy campus, the through-train schools strived to provide a joyous primary and secondary school life to students.

We established a health education committee and invited our students, parents and a doctor consultant to formulate and evaluate the school health policies. In addition, as the Scheme was perfectly in line with the current educational reform, we integrated the "ten key learning areas for health" into the school-based curriculum and Life-wide Learning activities. We also trained up "Student Health Ambassadors" to promote "Personal Health Skills" among their families, school and community.

In the two years time, we have formulated a series of "Occupational Safety and Health Policy", "Communicable Disease Prevention Policy" and other related health policies. We have also established a student personal health profile, provided a variety of health services such as influenza vaccination. Thus, the health concept among the school was aroused.

With the support from various stakeholders, we attained this Healthy School Award in which it reinforces our obligation to serve other school as a mentor school so as to further promote the healthy school concept and to facilitate better health for students and our community.

