

## 浸信宣道會呂明才小學

本校一向重視全人教育，深信健康是成長的重要基礎。因此，我們自2004年度開始推行一個為期三年的健康發展計劃，貫徹「健康體魄，健康生活，健康心靈」的理念，並分別以「健康體魄，健全人格」、「健康生活」及「呂明才是我家」為各年度的重點，推動校內各項健康工作。

在推行過程中，我們發現成功的關鍵是全校師生都清楚計劃及目標，並竭力實踐。因此，每年暑假的各科組籌備會議中，我們都以「健康學校」為前題，使整年的計劃都能朝各項健康範疇的目標邁進。另外，我們亦在學校網上發表我校的健康政策及有關活動，使家長、學生及校外人士也瞭解我們的健康學校理念及方向。

喜得有愛心的校長及老師，以及疼愛孩子的家長支持，事事也能順利推行。更重要的是在推行健康學校的數年間，我們欣見學生能夠健康成長。他們開朗的笑聲讓我們知道方向是正確的！

我們這次能夠獲得「香港健康學校獎勵計劃」銀獎，深感榮幸！這對我們過去所推行的健康學校活動既是一種肯定，也是一種鼓勵！甚願健康學校的信念，可以不斷延續，讓更多莘莘學子能夠受惠。



關心社區活動

## Conservative Baptist Lui Ming Choi Primary School

Our school used to emphasize "Whole-person education". We believe health is the important foundation for the growth of children. Thereupon, since the launch of the "3-year Health Development Plan" in 2004, our school has embraced the rationale of promoting "Healthy Body, Healthy Life and Healthy Spirit" and put forward a numbers of health issues as the themes of the school year plan, including "Healthy Body, Wholesome Personality", "Healthy Life" and "Lui Ming Choi Is My Family".

After the two-year implementation, we realized the whole school involvement is the crucial factor for the success of the plan. Teachers and students should understand the objectives and the plan clearly and then try their best to put the plan into practice. In this regard, we prioritized the theme of "Health School" in the preparation of the development plans of the respective school subjects so as to make sure the school development are in line with the objectives of the healthy school scheme.

Besides, we shared our health policies and health related activities on the school website in order to let our parents, students and the public understand the rationale and the orientation of our healthy school mission.

Our school principal and teachers are kind-hearted and committed to further the school development. We also have devoted parents who really love and care their children. Obviously, these are the main reasons why our plan could be carried out smoothly. But most important of all, we witnessed that our students could really develop in a healthy way. Their joyful laughter tells us that the direction of our school development is on the right track!

It is a great honour to be awarded the Silver Prize of the Hong Kong Healthy Schools Award Scheme. It not only recognizes our efforts, but also encourages us to further our development towards a Healthy School. We really hope that our belief can be continued so more and more students would be benefited from the Healthy School development.



得獎學校分享——浸信宣道會呂明才小學

AWARDEE SCHOOL SHARING: CONSERVATIVE BAPTIST LUI MING CHOI PRIMARY SCHOOL