

# SH Ho Centre for Gerontology & Geriatrics

## Faculty of Medicine

### The Chinese University of Hong Kong

#### Annual Report for 2013 - 2014



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## **S H Ho Fellowship**

SH Ho Geriatrics Fellowship 2013-2014 was awarded to Dr Yuk Ka Lok and Mr Chan Yu Hong for their second year study in the MSc in Clinical Gerontology. Dr Yuk and Mr Chan had completed their study and graduated in the year of 2014. They will continue to contribute to the field of Geriatrics and Gerontology.

# Conference

- **CADENZA symposium 2013 – Matching Technology to Needs (11 October 2013)**

With advanced technologies, elderly care is moving into the digital age. As part of efforts to improve elderly welfare, CADENZA: A Jockey Club Initiative for Seniors on 11 October staged a gerontechnology symposium to discuss how technology can help improve the quality of life among the elderly and facilitate their independent living in the community.



- **Symposium on Dementia Care in Old Age Home (22 November 2013)**

Prof Timothy Kwok, Director of JCCPA, one of the speakers in the symposium. The presentations covered a wide range of dementia care topics which included (1) Overview the dementia care service quality in old age home (OAH) setting in Hong Kong: Needs and Challenges, (2) What is quality dementia care? (3) How to achieve a good quality dementia care in institution through restraint reduction program, (4) Medical role in care of old age home residents with dementia, (5) How to assess the dementia service quality in OAH setting: Assessment and Training and (6) How to train staff to improve dementia care in OAH.



- **Microsoft CityNext Forum Series - A better third age through technology (8 April 2014)**

Prof Jean Woo was one of the speakers of the forum. The Forum addresses ways to improve the physical and emotional well-being of our elderly citizen.

The organizers are exploring technological frontiers to tackle elderly population issues such as improving social circle connections with day-to-day technical knowledge as a means to enhance quality of life, while also making possible comprehensive health monitoring with intelligent innovations. With strategic use of technology, we are in an excellent position to enjoy the previously untapped experience and expertise of a senior, and sometimes wiser, generation.

# Activities

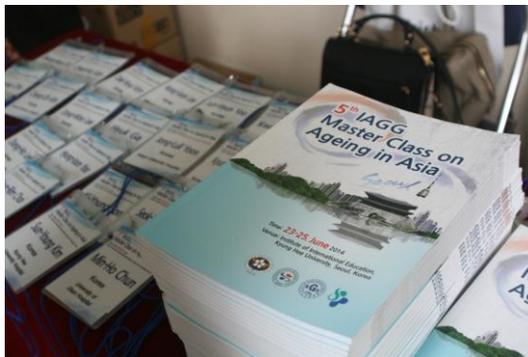
- **Talks and Classes**

- Prof Timothy Kwok shared about “Management of older patients with dementia” with a group of visiting doctors from mainland China on 12 December 2013



- Prof Timothy Kwok held an Experience Sharing Session on Quality of Life Assessment and Cognitive Intervention Program for People with Cognitive Impairment on 16 January 2014
- Dr Jenny Lee and Dr Au Yeung Tung Wai as speakers in a public talk “Health talk of Dementia – End of Life Care” on 26 April 2014
- Prof Timothy Kwok presented about “Family Approach to Care for Dementia” to professionals which was supported by Knowledge Transfer Fund of CUHK on 22 May 2014

- The 5th IAGG Master Class on Ageing (MCA) took place from June 23 to 25, 2014 at Institute of International Education, Kyung Hee University in Seoul, Korea. Prof. Jean Woo invited as speaker and presented her topic “Management of delirium in acute medical wards”



- **Seminar**

Seminar on “Introduction and Administration of Montreal Cognitive Assessment (MoCA) for Screening of Person with Mild Cognitive Impairment (MCI)” was held on 25 February 2014.

Professor Timothy Kwok of Department of Medicine and Therapeutics, CUHK & Director of Jockey Club Centre for Positive Ageing provided a talk on “Clinical Update of MCI and the Current Condition in Hong Kong”. This seminar received very good response and had over 150 participants joined in.



# Research Grants

## Jean Woo

### **Research Fund for the Control of Infectious Disease / Health and Health Services Research Fund 2011\***

**(Lee TMC, Chan FHW, Chu LW, Kwok T, Lam LCW, Tam H, Woo J)**

**HKD945,048** (From 1 April 2012 – 31 March 2015)

Effects of an auditory-based cognitive training program on attention and memory of older people at risk of progressive cognitive decline: A randomized controlled trial.

### **SK Yee Medical Foundation 2012\***

**(Woo J, Chan R, Sea M, Leung PC, Kwok A)**

**HKD660,000** (From 1 June 2012 – 30 November 2013)

Senior eat smart cook healthy program.

### **National Healthcare Group Clinician Scientist Career Scheme 2012\***

**(Chong MS, Chan M, Tay L, Lim WS, Woo J, Earnest Arul, Wan Gervais)**

**SGD300,000** (from 2012 )

The influence of physical frailty, sarcopenia and Vitamin D status on disease progression on community-dwelling older persons with mild cognitive impairment and mild-moderate dementia.

### **NHG Clinician Scientist Career Scheme (CSCS)\***

**(Chong MS, Chan, Tay L, Yap VB, Lim WS, Woo J, Wan G)**

**S\$297,800** (From 2012 – 2015)

The influence of the frailty phenotype on fast progressors amongst community-dwelling older persons with mild cognitive impairment and mild-moderate dementia

(\* Co-investigator)

## Timothy Kwok

### **Research Grant Council (RGC)**

**HKD1,133,900** (1/2011-12/2013)

A randomized placebo controlled trial of vitamin B12 supplementation to prevent cognitive decline in cognitively normal older diabetic people with mild vitamin B12 deficiency

### **Research Grants Council – General Research Fund \***

**HKD1,100,000** (1/1/2012 – 31/12/2014)

Risk Index for Screening Subclinical Brain Lesions in Community-dwelling Elderly Persons in Hong Kong

**Public Policy Research Funding Scheme\***

**HKD4,992,639** (1/6/2009 – 31/5/2014)

A Benefit-finding Intervention for Family Caregivers of Persons with Alzheimer Disease

**Merck & Co., Inc.\***

**HKD 997,410** (1/5/2009 – 28/2/2014)

A Sub-study to Explore Biomarkers of Physical Function in the Phase III Randomized, Placebo-controlled Clinical Trial to Assess the Safety and Efficacy of Odanacatib (MK-0822) to Reduce the Risk of Fracture in Osteoporotic Postmenopausal Women Treated with Vitamin D and Calcium

**Merck & Co., Inc.\***

**HKD 2,570,000** (20/12/2007 – 19/2/2014)

A Phase III Randomized, Placebo-controlled Clinical Trial to Assess the Safety and Efficacy of Odanacatib (MK-0822) to Reduce Risk of Fracture in Osteoporotic Postmenopausal Women Treated with Vitamin D and Calcium

**Research Grants Council – General Research Fund**

**HKD1,133,900** (1/1/2011 – 31/12/2013)

A randomized placebo controlled trial of vitamin B12 supplementation to prevent cognitive decline in cognitively normal older diabetic people with mild vitamin B12 deficiency.

**Research Grant Council – General Research Fund**

**HKD890,000** (1/1/2013 – 31/12/2015)

The use of B vitamins to prevent cognitive decline in older mild cognitive impairment patients with elevated plasma homocysteine - A randomized placebo controlled trial

**Health and Medical Research Fund (HMRF)**

**HK\$843,360** (1/1/2013 – 31/12/2015)

A randomized trial of chronic disease self management and cognitive training programme to improve diabetic control in older cognitive impaired outpatients

(\* Co-investigator)

## Publications

1. Woo J. 2013: that was the year that was. *Age and Ageing* 2014; 43: 152-156.
2. Auyeung TW, Lee SWJ, Leung J, Kwok T, Woo J. Age-associated decline of muscle mass, grip strength and gait speed: A 4-year longitudinal study of 3018 community-dwelling older Chinese. *Geriatr Gerontol Int* 2014; 14 (Suppl 1): 76-84.
3. Yu R, Wong M, Leung J, Lee J, Auyeung TW, Woo J. Incidence, reversibility, risk factors and the protective effect of high body mass index against sarcopenia in community-dwelling older Chinese adults. *Geriatr Gerontol Int* 2014; 14 (Suppl. 1): 15-28.
4. Yeung PY, Chan W, Woo J. A community-based Falls Management Exercise Programme (FaME) improves balance, walking speed and reduced fear of falling. *Primary Health Care Research & Development* 2014; doi: 10.1017/S1463423614000024.
5. Bai X, Kwok TCY, Ip IN, Woo J, Chui MYP, Ho FKY. Physical restraint use and older patients' length of hospital stay. *Health Psychology and Behavioral Medicine: An Open Access Journal* 2014; 2(1): 160-170.
6. Chau PH, Tang MWS, Yeung F, Chan TW, Cheng JOY, Woo J. Can short-term residential care for stroke rehabilitation help to reduce the institutionalization of stroke survivors? *Clinical Intervention in Aging* 2014; 9: 283-291.
7. Hui E, Ma HM, Tang WH, Lai WS, Au KM, Leung MT, Ng JSW, Ng WWL, Lee JSW, Li PKT, Woo J. A new model for end-of-life care in nursing homes. *J Am Med Dir Assoc* 2014; 15(4):287-289.
8. Gardner M, Bann D, Wiley L, Cooper R, Hardy R, Nitsch D, Martin-Ruiz C, Shiels P, Sayer AA, Barbieri M, Bekaert S, Bischoff C, Brooks-Wilson A, Chen W, Cooper C, Christensen K, Meyer TD, Deary I, Der G, Roux AD, Fitzpatrick A, Hajat A, Halaschek-Wiener J, Harris S, Hunt SC, Jagger C, Jeon HS, Kaplan R, Kimura M, LansdorpHS, Kaplan R, Kimura M, Lansdorp P, Li C, Maeda T, M P, Li C, Maeda T, Mangino M, Nawrot TS, Niangino M, Nawrot TS, Nilsson P, Nordfjall K, Paolisso G, Ren F, Riabowol K, Riabowol K, Robertson T, Roos G, Staessen JA, Spector T, Tang N, Unryn B, van der Harst P, Woo J et al. Gender and telomere length: Systematic review and meta-analysis. *Experimental Gerontology* 2014; 51: 15-27.

9. Chan AS, Sze SL, Woo J, Yu RH. A Chinese Chan-based lifestyle in intervention improves memory of older adults. *Frontiers in Aging Neuroscience* 2014; doi: 10.3389/fnagi.2014.00050.
10. Yu R, Woo J, Chan AS, Sze SL. A Chinese Chan-based mind-body intervention improves psychological well-being and physical health of community-dwelling elderly: a pilot study. *Clinical Interventions in Aging* 2014; 9: 727-736.
11. Chau PH, Wong M, Woo J. Ischemic heart disease hospitalization among older people in a subtropical city - Hong Kong: Does winter have a greater impact than summer? *Int J Environ Res Public Health* 2014; 11: 3845-3858.
12. Woo J, Arai H, Ng TP, Sayer AA, Wong M, Syddall H, Yamada M, Zeng P, Wu S, Zhang TM. Ethnic and geographic variations in muscle mass, muscle strength and physical performance measures. *Eur Geriatr Med* 2014; 5: 155-164.
13. Yu R, Yau F, Leung J, Woo J. The effect of depression and cognitive impairment on 7-year cardiorespiratory fitness in Chinese aged 65 and older. *J Gerontol Geriat Res* 2014; 3(2):149. doi:10.4172/2167-7182.1000149.
14. Chan R, Chan D, Woo J. A prospective cohort study to examine the association between dietary patterns and depressive symptoms in older Chinese people in Hong Kong. *PLoS ONE* 9(8): e105760. doi:10.1371/journal.pone.0105760.
15. Lee JSW, Auyeung TW, Leung J, Kwok T, Woo J. Transitions in frailty states among community-living older adults and their associated factors. *J Am Med Dir Assoc* 2014; 15(4): 281-286.
16. Yeung CY, Tso AWK, Xu A, Wang Y, Woo YC, Lam TH, Lo SV, Fong CHY, Wat NMS, Woo J, Cheung BMY, Lam KSL. Pro-inflammatory adipokines as predictors of incident cancers in a Chinese cohort of low obesity prevalence in Hong Kong. *PLoS ONE* 2013; 8(10): e78594, doi: 10.1371/journal.pone.0078594.
17. The Global Burden of Metabolic Risk Factors for Chronic Diseases Collaboration (BMI Mediated Effects). Metabolic mediators of the effects of body-mass index, overweight, and obesity on coronary heart disease and stroke: a pooled analysis of 97 prospective cohorts with 1.8 million participants. *Lancet* 2013; [http://dx.doi.org/10.1016/S0140-6736\(13\)61836-X](http://dx.doi.org/10.1016/S0140-6736(13)61836-X).

18. Wu SH, Ho SC, Lam TP, Woo J, Yuen PY, Qin L, Ku S. Development and validation of a lifetime exposure questionnaire for use among Chinese populations. *Scientific Reports* 2013; 3: 2793 doi: 10.1038/srep02793.
19. Liu ZM, Ho SC, Chen YM, Ho S, To K, Tomlinson B, Woo J. Whole soy, but not purified daidzein, had a favorable effect on improvement of cardiovascular risks: a 6-month randomized, double-blind, and placebo-controlled trial in equol-producing postmenopausal women. *Molecular Nutrition and Food Research* 2014; 58: 709-717.
20. Liu ZM, Ho SC, Woo J, Chen YM, Wong C. Randomized controlled trial of whole soy and isoflavone daidzein on menopausal symptoms in equol-producing Chinese postmenopausal women. *Menopause* 2013; 21(6): DOI: 10.1097/gme.000000000000102.
21. Shen JY, Wong G, Chan H, Chan HY, Yeung D, Chan R, Chim A, Chan A, Choi P, Woo J, Chu W, Wong V. PNPLA3 gene polymorphism accounts for fatty liver in community subjects without metabolic syndrome. *Alimentary Pharmacology & Therapeutics* 2014; 39(5): 532-539.
22. Chan R, Chan D, Lau W, Lo D, Li L, Woo J. A cross sectional study to examine the association between dietary patterns and risk of overweight and obesity in Hong Kong Chinese adolescents aged 10 to 12 years. *Journal of the American College of Nutrition* 2014; doi: 10.1080/07315724.2013.875398.
23. Lok KYW, Chan RSM, Lee VWY, Leung PW, Leung C, Leung J, Woo J. Food additives and behavior in 8-9 year old children in Hong Kong: a randomized, double-blind, placebo-controlled trial. *Journal of Developmental and Behavioral Pediatrics* 2013; (in press).
24. Tam CHT, Ho JSK, Wang Y, Lam VKL, Lee HM, Jiang G, Lau ESH, Kong APS, Fan XD, Woo JLF, Tsui SKW, Ng MCY, So WY, Chan JCN, Ma RCW. Use of Net Reclassification Improvement (NRI) Method confirms the utility of combined genetic risk score to predict type 2 diabetes. *PLoS ONE* 2013; 8(12): e83093. doi:10.1371/journal.pone.0083093.
25. Chen LK, Liu LK, Woo J et al. Sarcopenia in Asia: Consensus report of the Asian Working Group for Sarcopenia. *JAMDA* 2014; 15: 95-101.
26. Ma RCW, Lee HM, Lam VKL, Tam CHT, Ho JSK, Zhao HL, Guan J, Kong APS, Lau E, Zhang G, Luk A, Wang Y, Tsui SKW, Chan TF, Hu C, Jia WP, Park KS, Lee

KH, Furuta H, Nanjo K, Tai ES, Ng DPK, Tang NLS, Woo J et al. Familial young-onset diabetes, pre-diabetes and cardiovascular disease are associated with genetic variants of *DACH1* in Chinese. PLoS ONE 2014; 9(1): e84770. doi: 10.1371/journal.pone.0084770.

27. Liu ZM, Ho SC, Chen YM, Liu J, Woo J. Cardiovascular risks in relation to daidzein metabolizing phenotypes among Chinese postmenopausal women. PLoS ONE 2014; 9(2): e87861. doi: 10.1371/journal.pone.0087861.
28. Cheung BH, Ho IC, Chan RS, Sea MM, Woo J. Current evidence on dietary pattern and cognitive function. Adv Food Nutr Res 2014; 71:137-163.
29. Liu ZM, Ho SC, Chen YM, Tang N, Woo J. Effect of whole soy and purified isoflavone daidzein on renal function - a 6-month randomized controlled trial in equol-producing postmenopausal women with prehypertension. Clinical Biochemistry 2014; 47: 1250-1256.
30. Woo J. On the fringe of society and other challenges in geriatric medicine. Synapse 2014 January: 25-30.

## **Invited conference speaker**

### **Prof Jean Woo**

- Dragonet Symposium 2014, Hong Kong, 9-12 January 2014
- Social Work Pre-conference Gerontology Workshop, Hong Kong, 28 May 2014
- International Conference on Social Work, Social Welfare and Social Policy in Chinese Societies, Hong Kong, 28-30 May 2014
- 2<sup>nd</sup> Asia-Pacific Bone & Mineral Research Meeting, Seoul, Korea, 30 May – 1 June 2014
- The 34<sup>th</sup> Triennial Congress of the Korea Medical Association, Seoul, Korea, 27-29 June 2014

### **Timothy Kwok**

- Asia Pacific Regional Conference of Alzheimer's Disease International, Hong Kong, 13 December 2013
- The Federation of Medical Societies of Hong Kong, Annual Scientific Meeting, Hong Kong, 1 June 2014

### **Dr Raymond Lo**

- The Federation of Medical Societies of Hong Kong, Annual Scientific Meeting, Hong Kong, 1 June 2014
- Hong Kong Geriatric Society, Annual Scientific Meeting, 21 June 2014

## Other conference presentations

1. Woo J. Financing and protecting the health of Asia's elderly population. Dragonet Symposium 2014 Hong Kong, 9-12 January 2014, Hong Kong. Plenary Speech.
2. Yu R, Wong M, Leung J, Lee J, Auyeung TW, Woo J. Incidence, risk factors and the protective effect of high body mass index against sarcopenia in community-living older Chinese people. International Conference on Frailty & Sarcopenia Research, 12-14 March 2014, Barcelona, Spain.
3. Chau PH, Tang MWS, Yeung F, Chan TW, Cheng JOY, Woo J. Reducing institutionalization: Tailor-made residential care for stroke rehabilitation. Paper presented at Updates in Cardiology for Physicians and Allied Health Professionals 2014, 26-28 April 2014, Hong Kong, China.
4. Lam SSL, Ng SSM, Li CSK, Yeung MH, Lai CWK, Woo J. Bilateral movement-based training with computer games to improve the motor function of upper limb in patients with sub-acute stroke: A randomized, controlled pilot trial. Hospital Authority Convention 2014, 7-8 May 2014, Hong Kong. Poster presentation.
5. Woo J. Aging issues in Hong Kong. Social Work Pre-conference Gerontology Workshop, 28 May 2014, Hong Kong. Invited Speaker.
6. Woo J. Financing and protecting the health of elderly populations. International Conference on Social Work, Social Welfare and Social Policy in Chinese Societies: Cross Cultural Experiences, 28-30 May 2014, Hong Kong. Invited Speaker.
7. Woo J. Sarco-osteoporosis. 2<sup>nd</sup> Asia-Pacific Bone & Mineral Research Meeting, 30 May - 1 June 2014, Seoul, Korea. Invited Speaker.
8. Chau PH, Kwok T, Chan F, Hui E, Woo J. Discrepancies in perceived needs in community-based supporting services between older people with cognitive impairment and their caregivers. International Alzheimer's Disease Conference 2014, 6-7 June 2014, Hong Kong. Outstanding Investigator Award.
9. Yu R, Woo J., Hui E, Lee J, Poon D, Ip K, Yeung F. Exploring the feasibility and the effect of a therapeutic robot PARO on moods and social interaction in older adults with declining cognitive function. The 9<sup>th</sup> World Conference of Gerontechnology (ISG 2014), 18-21 June 2014, Taipei, Taiwan.

10. Kong APS, Chow KC, Chan R, Ozaki R, Ma R, Cheung K, Luk A, So WY, Woo J, Chan JCN. A 12-month randomized controlled trial to investigate the impact of a low glycemic index (GI) diet on obesity indices in adolescents. 16<sup>th</sup> International Congress of Endocrinology & the Endocrine Society's 96<sup>th</sup> Annual Meeting & Expo, 21-24 June 2014, Chicago, Illinois. Poster presentation.
11. Woo J. Integrated approach to decrease perioperative mortality in elderly patients. The 34<sup>th</sup> Triennial Congress of the Korea Medical Association, 27-29 June 2014, Seoul, Korea. Invited Speaker.
12. T Kwok. Food and Dementia. 16<sup>th</sup> Asia Pacific Regional Conference of Alzheimer's Disease International 2013, 13 December 2013, Hong Kong.
13. T Kwok. Detection & Management of Delirium. The Federation of Medical Societies of Hong Kong, Annual Scientific Meeting – Care for our Older Population, 1 June 2014, Hong Kong.
14. R Lo. Falls prevention for older people. The Federation of Medical Societies of Hong Kong, Annual Scientific Meeting, 1 June 2014, Hong Kong.
15. R Lo. Management of breathlessness for elderly patients at the end of life. Hong Kong Geriatric Society, Annual Scientific Meeting, 21 June 2014, Hong Kong.

## Interaction with media

- Newspaper interview about “儲存大腦正能量” by 信報財經新聞 on 3 October 2013
- Newspaper interview about “醫知健：研發新科技護理長者” by 太陽報 on 12 October 2013
- Newspaper interview about “老齡科技 活得有尊嚴” by 東方日報 on 12 October 2013
- Newspaper interview about “應用科技與腦退化症” by 信報財經新聞 on 17 October 2013
- RTHK Radio 5 Programme: 老齡科技如何幫助腦退化症患者 on 5 November 2013
- Newspaper interview about “醫知健：院舍「提示小便」減長者失禁” by 太陽報 on 18 December 2013
- Newspaper interview about “兩小時「提一提」改善長者失禁” by 東方日報 on 18 December 2013
- RTHK Programme: Dementia knowledge and caring tips on 6 and 13 January 2014
- Commercial Radio Programme: 第三齡接觸 on 11 January 2014
- Newspaper interview about “Golden Home：打牌預防腦退化?” by Ming Pao Weekly on 18 January 2014
- Newspaper interview about “齊抗衰老 延展健康” by 信報財經新聞 on 13 February 2014
- Newspaper interview about “醫知健：做自己健康的主人—長者篇：保持運動社交 延遲長者衰退” by 太陽報 on 13 February 2014
- Newspaper interview about “醫知健：胡亂纖體適得其反” by 太陽報 on 27 February 2014
- Newspaper interview about “當三高遇上腦退化症” by Hong Kong Economic Times on 28 February 2014
- Newspaper interview about “嗜好讓老年有趣” by Ming Pao Weekly on 15 March 2014
- Newspaper interview about “醫知健：健康主人：齊抗衰老、延展健康” by 太陽報 on 27 March 2014
- Newspaper interview about “長者玩具圖書館” by The Sun, Oriental Daily, Hong Kong Economic Times on 12 April 2014
- Newspaper interview about “未老先衰 點先算 FIT” by 信報財經新聞 on 17 April 2014

- Newspaper interview about “拆解失眠困局” by 信報財經新聞 on 15 May 2014
- RTHK 普通話台 programme: “如何預防及治療骨質疏鬆” on 25 May 2014
- Newspaper interview about “糖尿病人飲湯小心” by 信報財經新聞 on 29 May 2014
- Newspaper interview and radio programme about 「耆趣藝遊」導賞計劃 by Apple Daily, Oriental Daily, Sing Pao Daily, Ta Kung Pao, The Sun, Metro Radio on 4 June 2014
- Newspaper interview about “鎮痛貼與肩頸痛” by 信報財經新聞 on 12 June 2014
- RTHK Radio 1 精靈一點 programme on 長者防跌 on 16 June 2014

## Press conference

- **CADENZA Study Proves Incontinence Therapy Successful (17/12/2013)**  
Jockey Club CADENZA Fellow Professor Claudia Lai, along with CADENZA Project Director Professor Jean Woo, on 17 December announced the findings of Hong Kong's first-ever prompted voiding study. The 31-month research on 52 elderly incontinent residents from five local nursing homes found that the behavioural therapy was effective in reducing incontinent episodes.



Jockey Club CADENZA Project Director Professor Jean Woo hopes that CADENZA Fellows of different disciplines can proactively consider the needs of the elderly in their research and teaching.



Jockey Club CADENZA Project Director Professor Jean Woo (centre) joins Jockey Club CADENZA Fellows Professor Claudia Lai (third left) and Dr Mimi Tse (third right) as well as Club Executive Manager, Charities, Imelda Chan (second right), Caritas Fu Tung Home Social Work Supervisor Cynthia Lai (second left) and other guests to attend the sharing seminar-cum-press conference.

- **Press conference “Research on Effective Elder Abuse Interventions” on 18 December 2013**

### **CADENZA Community Project Anti-elder Abuse Campaign Bears Fruit**

Elderly abuse is a common problem in the city, with Kwai Tsing District being one of the worst affected among the 18 districts in recent years. In light of the problem, CADENZA: A Jockey Club Initiative for Seniors has partnered Hong Kong Christian Services (HKCS) to run a three-year community project entitled Elder at PEACE (Project to End Abuse with Collaborative Efforts) in Kwai Tsing District since 2010.



Professor Jean Woo (left) concludes CADENZA Community Project: Elder at PEACE.