FAQs for compulsory quarantine - non-local new students who enter Hong Kong via Shenzhen Bay Port or the Hong Kong-Zhuhai-Macao Bridge Hong Kong Port (as of 17 Aug 2022)

#### Before departure

# 1. Where can I obtain more information about the development of COVID-19 in Hong Kong and the quarantine measures?

Ans

Please visit the <u>COVID-19</u> thematic website, <u>designated page on inbound travel</u> and <u>the Facebook fan page of the Centre for Health Protection</u> regularly for further information and updates.

For details of measurements and announcements of the University regarding COVID-19, please visit Act Together against COVID-19.

#### 2. What should I prepare before departing to Hong Kong?

Ans

Before departing to Hong Kong, please pay attention to the relevant boarding, quarantine and testing arrangements. For the latest information, you may refer to the **Concise Guide** and **details on the grouping of specified places**.

All inbound travellers are required to complete the online Health & Quarantine Information Declaration of the Department of Health (DH) (<a href="www.chp.gov.hk/hdf/">www.chp.gov.hk/hdf/</a>). After submitting the online form, the system will generate a QR code. Please save the result and show it to the border control point staff upon entering Hong Kong.

For details, please refer to this webpage.

#### 3. What are the current health quarantine arrangements for inbound travellers?

Ans

The boarding and quarantine arrangements applicable to a person arriving at Hong Kong depend on:

- If exemption of quarantine arrangements are applicable to the person arriving at Hong Kong, please refer to relevant webpage
  - o <u>Return2hk Scheme</u>
  - o Come2hk Scheme
- What places the person arriving at Hong Kong has stayed in on the day of boarding for/arrival at Hong Kong, or the 14 days before that day;
- For persons who have stayed in overseas places, only persons who have fulfilled vaccination requirement are allowed to board.

For details, please refer to the **Concise Guide**.

#### **Latest Highlights**

 For persons not arriving from the Mainland or Macao under the Return2hk or Come2hk Schemes, their compulsory quarantine period at home will be correspondingly adjusted to three nights, followed by four nights of self-monitoring on the third day of arrival at Hong Kong.

All inbound travelers who are subject to the compulsory quarantine should not have any symptoms and should have passed temperature checks upon entry. Those with symptoms will be referred to the Department of Health (DH) for further handling. Arrivals holding a visa with insufficient validity period will be denied entry.

## 4. What quarantine arrangements should I follow if I only stayed in Mainland China or Macao?

Ans

- a. Undergo compulsory quarantine for 3 nights at designated places (home, hotel# or other accommodation);
- b. Self-monitoring in the subsequent 4 nights; and
- c. Undergo 2 nucleic acid tests during self-monitoring (Days 4 and 6 of arrival at Hong Kong)
- <sup>#</sup> Designated Quarantine Hotel (DQH) is not applicable for persons who have stayed in <u>Mainland</u> <u>China or Macao</u> only. Please choose other hotels for quarantine.
  - For details on Return2hk Scheme for Hong Kong residents, please refer to this webpage.
  - For details on Come2hk Scheme for non-Hong Kong residents, please refer to this webpage.
  - Inbound travellers who have been to any <u>at-risk places temporarily inapplicable under</u>
    <u>the Return2hk / Come2hk Scheme</u> in the past 14 days do not fulfill the relevant specified
    conditions under the Return2hk / Come2hk Scheme and will be subject to compulsory
    quarantine.

For further information about the quarantine arrangements, please refer to this webpage.

## Arriving Shenzhen Bay Port OR the Hong Kong-Zhuhai-Macao Bridge Hong Kong Port

## 5. What is the quarantine period?

Ans The days of a person's arrival

The days of a person's arrival at Hong Kong is counted with the day of arrival at Hong Kong as Day 0. For example, for a person who arrives at Hong Kong on 12 August 2022, the "1st day/Day 1" would be 13 August 2022 and the "10th day/Day 10" would be 22 August 2022.

### 6. What are the quarantine arrangements for entry from the Mainland to Hong Kong?

Ans

The Department of Health will issue compulsory quarantine orders to relevant inbound persons. The relevant government department will also arrange electronic wristbands for them (except for those undergo compulsory quarantine in Designated Quarantine Hotels).

Quarantine arrangements for entry from the Mainland to Hong Kong:

- a. Fill in an Electronic Health Declaration Form about your personal particulars, travel history, contact means, and quarantine arrangements (<u>www.chp.gov.hk/hdf</u>), after submitting the online form, the system will generate a QR code. Please save the result and show it to the border control point staff upon entering Hong Kong. The QR code is valid for 24 hours;
- b. Subject to the Compulsory quarantine at designated places, wearing an electronic wristband and use with the "StayHomeSafe" app during quarantine

Tips:

- 1) To facilitate communication, you are strongly advised to get your own sim card or activate the roaming service for your mobile phone. If you do not have a HK phone number, please download "WhatsApp" app, the officers may contact you via "WhatsApp" voice calls and video calls.
- 2) Make the wristband a bit loose so there won't be any discomfort because it cannot be readjusted.

#### 7. What kind of transport should I take to go to the designated quarantine place?

Ans

You are advised to take a taxi to the designated place for quarantine. Please be reminded to bring sufficient Hong Kong dollars for transportation.

Please record the transportation information such as date, time, transport means, vehicle registration number and driver's name (if applicable). You should keep the record and the receipt safe.

## During the compulsory quarantine

#### 8. What do I need to do with the electronic wristband?

Ans

You have to put on the wristband during the whole period of compulsory quarantine. You have to connect the wristband with the "StayHomeSafe" mobile app. For handling of wristband and "StayHomeSafe" mobile app, please refer to the designated page on "StayHomeSafe" Mobile App User Guide (www.coronavirus.gov.hk/eng/stay-home-safe.html).

## 9. What will happen if I go out before the completion of compulsory quarantine?

Ans

Any person concerned who leaves the dwelling place without permission may commit a criminal offence. The penalty upon conviction is imprisonment and a fine. Breaching quarantine orders is a criminal offence and offenders are subject to a maximum fine of HKD25,000 and imprisonment for six months.

The Government will ensure the persons under compulsory quarantine stay at the premises by spot checks, telephone calls and via monitoring of the status of electronic device, etc.

## 10. Apart from wearing electronic wristband, what do I need to do during the compulsory quarantine?

Ans

Persons under quarantine are prohibited from leaving Hong Kong, and have to stay at the premises at all times. You should also maintain good personal and environmental hygiene.

You have to check your body temperature twice daily and record your health condition for monitoring of personal health

(www.coronavirus.gov.hk/pdf/inbound/Health Monitoring Checklist for Arriving Travellers.pdf).

When you have fever or develop other symptoms, please seek medical advice at once. **Do not** take your own medication. Please contact the Centre for Health Protection (CHP) via a dedicated hotline which operates 24 hours a day. After assessment, you will be sent to hospital for treatment when necessary.

For medical enquiries, please call DH at 2125 1133 (for inbound travellers from the Mainland, Macao and Taiwan) / 2125 1999 (for inbound travellers from overseas).

HKSAR Government COVID-19 WhatsApp Helpline: WhatsApp 9617 1823

## 11. Do I need to take other rounds of virus test during the compulsory quarantine?

Ans

According to the epidemic development and needs, the Government will arrange other rounds of virus testing for inbound travellers. Please refer to relevant instructions.

Port Health staff will distribute specimen collection bottles to the persons subject to the compulsory testing requirements when they arrive at Hong Kong. The relevant persons subject to compulsory testing should collect deep throat saliva samples using the specimen bottles as per the guidelines on the specified testing dates, and return the specimen collection bottles by the same day.

Regarding routes to submit specimens, please refer to this webpage.

Any enquiries on compulsory testing arrangements may be addressed to the hotline at 6275 6901 which operates from 9am to 6pm.

## After the compulsory quarantine

## 12. Is there any important task I need to do after completion of compulsory quarantine?

According to the prevailing quarantine measures, inbound travelers are required to conduct rounds of virus testings. The Government has also adjusted the boarding, quarantine and testing arrangements for persons arriving at Hong Kong (including Hong Kong residents returning to Hong Kong) who have completed their COVID-19 vaccination course under the "vaccine bubble" concept. For details, please refer to relevant instructions and this webpage (www.coronavirus.gov.hk/eng/inbound-travel.html) and this webpage (www.coronavirus.gov.hk/eng/high-risk-places.html) for categories of different groups of specified places according to the relevant risk-based boarding and compulsory quarantine requirements.

## 13. What should I do if I feel unwell after the compulsory quarantine?

Ans When developing fever and acute respiratory symptoms or feeling unwell, make sure your mask is worn properly; call the DH hotline immediately for advice and arrangement to public hospital for further management.

For medical enquiries, please call DH at 2125 1133 (for inbound travellers from the Mainland, Macao and Taiwan) / 2125 1999 (for inbound travellers from overseas).

#### **Health Advice**

#### 14. What is the health advice for incoming students?

Ans If feeling unwell, especially if experiencing a fever or cough, **DO NOT travel.** Please wear a surgical mask and seek medical advice at once.

Furthermore, the University's Committee on Health Promotion and Protection (CHPP) is closely monitoring the development of the COVID-19 situation and making reference to the recommendations of the Centre for Health Protection (CHP) of the Department of Health. The Committee strongly urges all staff and students to adopt the health advice of the CHP, specifically:

- a. Maintain at all times strict personal and environmental hygiene, which is key to personal protection against infection and prevention of the spread of the disease in the community.
- b. You should wear a surgical mask particularly when having respiratory symptoms, taking public transport or staying in crowded places.
- c. You should wash your hands frequently, with liquid soap and water, and rub for at least 20 seconds, especially before touching the mouth, nose or eyes. If hand washing facilities are not available, performing hand hygiene with 70-80% alcohol-based hand rub is an effective alternative.
- d. Maintain an appropriate social distance with other people as far as possible in your daily lives. In particular, you should go out less and avoid social activities such as meal gatherings or other gatherings to reduce the chance of contacting infected persons, who may not

- present any symptoms, and minimize the risk of outbreak clusters emerging in the community.
- e. As for environmental hygiene, after using the toilet, you should put the toilet lid down before flushing to avoid spreading the germs.

For more details, please visit: <a href="https://www.coronavirus.gov.hk/eng/index.html#Health">www.coronavirus.gov.hk/eng/index.html#Health</a> Tips

#### **Useful links**

1.	CUHK's COVID-19 Information & Updates:
	https://againstcovid19.cuhk.edu.hk
2.	CUHK vs COVID-19 Announcements & Actions:
	https://www.cuhk.edu.hk/english/whats-on/faces/antivirus-annc.html
3.	Home Quarantine for Inbound Travellers - Frequently Asked Questions
	https://www.coronavirus.gov.hk/eng/inbound-travel-faq.html
4.	HKSAR "Together, We Fight the Virus!"
	https://www.coronavirus.gov.hk/eng/index.html
5.	Health Tips:
	https://www.coronavirus.gov.hk/eng/index.html#Health Tips

## **Important Reminder**

For the latest information of Hong Kong government's policies and measurements towards COVID-19, please refer to <a href="https://www.coronavirus.gov.hk/eng/index.html">www.coronavirus.gov.hk/eng/index.html</a>.