

Intermediate Basketball

(Aug 2025 Version)

Skills (54%): 3 on 3 Game 18% Lay-up shot and Shot 15% + Quality of skill of each item 3%									Attendance & Participation	Written Exam.
Exam	Group	Men			Score	Women				
	Items	3 on 3 Game 18%	<u>Lay-up shot</u> 18%	<u>Shot</u> 18%		<u>Shot</u> 18%	<u>Lay-up shot</u> 18%	3 on 3 Game 18%		
	Trial	1	1	1		1	1	1		
Results	Application of basic skills and tactics in a game situation (10 minutes) Individual and team Defence skills 6% Individual and team Offence skills 6% Sportsmanship and attitudes 6%	25"	>18	15	>15	30"	Application of basic skills and tactics in a game situation (10 minutes) Individual and team Defence skills 6% Individual and team Offence skills 6% Sportsmanship and attitudes 6%			
		26"	17	14	14	31"				
		27"	16	13	13	32"				
		28"	15	12	12	33"				
		29"	14	11	11	34"				
		30"	13	10	10	35"				
		31"	12	9	9	36"				
		32"	11	8	8	37"				
		33"	10	7	7	38"				
		34"	9	6	6	39"				
		35"	8	5	5	40"				
		36"	7	4	4	42"				
		37"	5	3	3	44"				
		38"	3	2	2	46"				
		40"	1	1	1	48"				
Remarks	Lay-up shot: Student starts from the side of free throw line, lay-up 5 times successfully on both sides alternatively. (Score will not be counted if student do not across the free throw line or violate the rules of dribbling and lay-up shot) Shot: Student shoots the ball in 3 spot (A=1 point, B=2 point, C= 3 point) on the court – refer to the diagram. No consecutive attempt on the same spot. Student gets his / her rebound and dribble to the next spot. Count the total score student can get within 50 seconds.									
Quality of Skills	3 pts – In the exam, students fulfill the requirements of skill quality and their performances are extremely smooth and skillful 2 pts – In the exam, students fairly fulfill the requirements of skill quality and their performances are fairly smooth and skillful 1 pt – In the exam, students fail to fulfill the requirements of skill quality and their performances are not smooth and skillful									