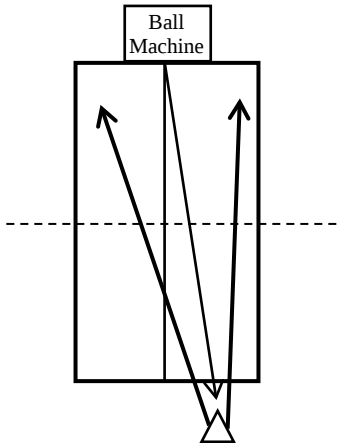
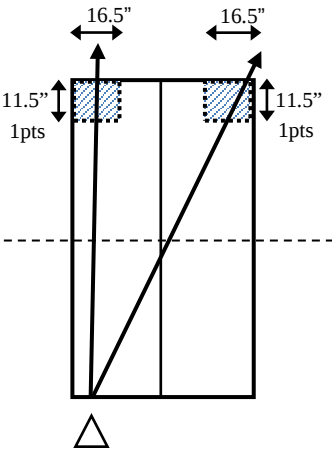


Intermediate Table Tennis (Men)

(Aug 2025 Version)

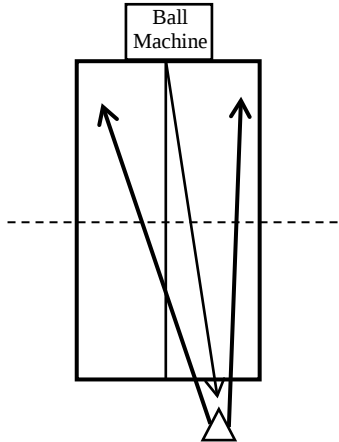
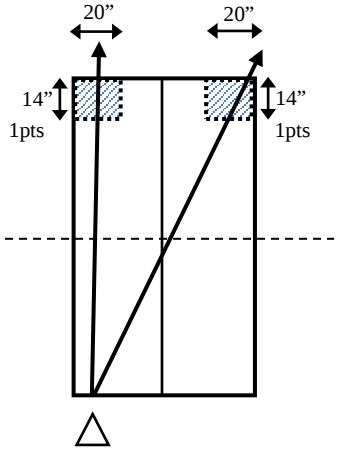
The following content is made reference to a right-handed player.

Skills (54%)					Attendance & Participation	Written Exam
Exam	<u>Forehand Topspin</u> (10% + Quality of skill 3%)	<u>Spin Serve with Forehand / Backhand</u> (10% + Quality of skill 3%)	<u>Forehand Alternating with Backhand Drive</u> (12% + Quality of skill 3%)	<u>Backhand Slice and Forehand Topspin</u> (10% + Quality of skill 3%)	26%	20%
Content	10 balls are fed by a ball machine at the frequency of 55 balls /min. The candidate is required to stand above a 1.5-meter distance and return every ball by forehand topspin to the opposite left and right table by turns. The candidate scores 1 point for every successful return. 	The candidate is required to execute a spin serve (forehand or backhand) to the shaded region. The candidate serves 10 balls to each side. Every ball counts. (The scoring is shown in the diagram below.) If the ball hits the half side of the table but does not hit the shadow area, it counts as 1/2 point. 	In a group of 2 to be arranged by the candidates. Both candidates are required to do rally shots with forehand and backhand in combination with footwork in 30 sec. Player 1 – plays only to the backhand court. Player 2 – plays alternately to the forehand and backhand court. Player 1 – using footwork movement, hits one with the forehand and one with the backhand. Count how many consecutive hits the pair can do. Change roles and count how many consecutive hits the pair can do. The candidate will get 1 point per 3 successful shots for the first 18 rallies. From the 19th rally onwards, each successful rally shot scores 1/5 point. Divide the total number of balls of 2 players and give points according to the mark sheet. Both candidates share the same score. NB. 2 candidates are given 6 balls for the examination.	In a group of two to be arranged by the candidates. Both candidates hit the ball from the left-half table. Player 1 backhand pushes two balls to the backhand. After 2 pushes, player 1 plays a backhand push to the backhand side then an inside-out forehand topspin to the opposite left half table. Change roles and repeat the process. The candidate will get 1 points for 10 successful rally shots. If the ball hits the table but does not hit the right half-court, it counts as 0.5 point. NB. Each candidate is given 10 balls for the exam.		
Quality of Skills	3 pts – In the exam, students fulfill the requirements of skill quality, and their performances are extremely smooth and skillful. 2 pts – In the exam, students fairly fulfill the requirements of skill quality, and their performances are fairly smooth and skillful. 1 pt – In the exam, students fail to fulfill the requirements of skill quality and their performances are not smooth and skillful.					
No. of Trails	1	1	1	1		

Intermediate Table Tennis (Women)

(Aug 2025 Version)

The following content is made reference to a right-handed player.

Skills (54%)					Attendance & Participation	Written Exam
Exam	<u>Forehand Topspin</u> (10% + Quality of skill 3%)	<u>Spin Serve with Forehand / Backhand</u> (10% + Quality of skill 3%)	<u>Forehand Alternating with Backhand Drive</u> (12% + Quality of skill 3%)	<u>Backhand Slice and Forehand Topspin</u> (10% + Quality of skill 3%)	26%	20%
Content	10 balls are fed by a ball machine at the frequency of 55 balls /min. The candidate is required to stand above a 1.5-meter distance and return every ball by forehand topspin to the opposite table by turns. The candidate scores 1 point for every successful return. 	The candidate is required to execute a spin serve (forehand or backhand) to the shaded region. The candidate serves 10 balls to each side. Every ball counts. (The scoring is shown in the diagram below.) If the ball hits the half side of the table but does not hit the shadow area, it counts as 0.5 point. 	In a group of 2 to be arranged by the candidates. Both candidates are required to do rally shots with forehand and backhand in combination with footwork in 30 sec. Player 1 – plays only to the backhand court. Player 2 – plays alternately to the forehand and backhand court. Player 1 – using footwork movement, hits one with the forehand and one with the backhand. Count how many consecutive hits the pair can do. Change roles and count how many consecutive hits the pair can do. The candidate will get 1 point per 3 successful shots for the first 18 rallies. From the 19th rally onwards, each successful rally shot scores 1/5 point. Divide the total number of balls of 2 players and give points according to the mark sheet. Both candidates share the same score. NB. 2 candidates are given 6 balls for the examination.	In a group of two to be arranged by the candidates. Player 1 backhand pushes two balls to the backhand. After 2 pushes, player 1 plays a backhand push to the backhand side then an inside-out forehand topspin to the opposite table. Change roles and repeat the process. The candidate will get 1 points for 10 successful rally shots. NB. Each candidate is given 8 balls for the exam.		
Quality of Skills	3 pts – In the exam, students fulfill the requirements of skill quality and their performances are extremely smooth and skillful. 2 pts – In the exam, students fairly fulfill the requirements of skill quality and their performances are fairly smooth and skillful. 1 pt – In the exam, students fail to fulfill the requirements of skill quality and their performances are not smooth and skillful.					
No. of Trails	1	1	1	1		