

Tai Chi

(Aug 2025 version)

Exam Item	Skill (54%)		Attendance & Participation	Written	Total
	Individual Sequencing	Group Demonstration			
Marks	48%	6%	26%	20%	100%
CONTENT	Based on the style principles, each student performs the whole sequence of 24 Styles Simplified Tai Chi Chuan. The time limit is within 4-6 minutes.	Group 3-4 students select one section of 24 Styles Simplified Tai Chi Chuan. Based on the style principles, the group performs the 8 sequences (First Section: from “Commencing Form” to “Right Grasp The Bird’s Tail”, Middle Section: from “Single Whip” to “Left Squat Down And Stand On One Leg”, Last Section: from “Right Squat Down And Stand On One Leg” to “Closing Form”.)			
	<u>Style Scoring (45 pts):</u> Each sequence 2 pts (Slightly inconsistent with the requirements: 0.5 pt deduction; obviously inconsistent with the requirements: 1 pt deduction; seriously inconsistent with the requirements: 1.5 pts deduction.) Examinees can only get up to 45 pts. <u>Whole Sequence Scoring (3 pts):</u> The quality of skills for the whole sequence 3 pts (Extremely smooth and skillful: 5 pts. Fairly smooth and skillful: 2 pts. Not smooth and skillful: 1 pt.)	<u>Group Scoring (6 pts):</u> Group formation 3 pts (Extremely consistent: 3 pts. Fairly consistent: 2 pts. Not consistent: 1 pt.) The quality of movement for the section 3 pts (Extremely smooth and skillful: 3 pts. Fairly smooth and skillful: 2 pts. Not smooth and skillful: 1 pt.)			
No.of Trial	1	1			